**Hair loss**

Try your best to not roughly dry your hair.

Check your diet for a healthier option.

Address phycological issues you may be facing

**Dandruff**

Shampoo frequently and do longer lather.

Use warm water to get rid of the thick scale you may have.

Consider using over-the-counter dandruff shampoos.

**Lice**

Use a fine comb to get rid of the lice.

Wash household items and towels in hot water.

Do not share any hair tools with infected person.

**Dry Hair**

Use cool air for drying your hair (airdry)

Try not to wash hair too much

Avoid use of chemicals (hair dye/bleach)

**Oily Hair**

Shower once a day

Condition hair less frequently

Blow dry with cool air

**Dull Hair**

Try to use less dye products

Wash hair less for natural oil

Use conditioner more frequently

**Damaged Hair/ Split Ends**

Check your body health and improve

Try not to expose it too much under sun/pool

Avoid using irons or hot blow drying